

## **STORYTELLING & COUNSELLING FULL DAY WORKSHOP**

### **Touching Tales: Storytelling as a Culturally Resonant Counselling Technique** *Facilitated by Dr. Gideon Arulmani & Kamini Ramachandran*

Date: 1st September 2011 (Thursday)

Time: 10.00am – 5.30pm (Registration starts at 9.30am @ The Foyer)

Duration: 6-hour workshop with 1-hour lunch break (at participant's own expense)  
and two 15-min tea breaks (provided by organizer)

Venue: Seminar Room 2, National Museum Singapore, 93 Stamford Road, S 1788897

Fee: S\$220/person (Includes 2 tea breaks)

*Suitable for anyone interested in finding out how to use stories  
as a culturally resonant method in their counseling work*

### **SYNOPSIS**

In Eastern cultures the central function of storytelling is not entertainment. Traditional counsellors (the wise elder, the healer, the shaman, the guru, the soothsayer, the grandparent, the uncle or the aunt), typically use illustrations from parables, stories from the holy books and folk tales that depict the gods, folk heroes and other characters whom the help-seeker is already culturally prepared to revere and respect. The attention of the help-seeker would be drawn to how the characters in the stories deal with life's vicissitudes and the help-seeker would be exhorted to emulate them. The discipline of counselling could learn from these methods to consider techniques that have a strong cultural grounding.

### **ABOUT THE FACILITATORS**

Presented by a clinical psychologist, Dr. Gideon Arulmani, Director of The Promise Foundation India, and International Fellow of the National Institute for Career Education & Counselling (Cambridge, UK) and a professional storyteller, Kamini Ramachandran, Co-Founder of MoonShadow Stories and President of the Storytelling Association (Singapore), this workshop will bring two disciplines, namely, storytelling and counselling together and explore storytelling as a counselling technique. The speakers will present the cultural preparedness approach as a conceptual framework that could guide the development of counselling interventions that are responsive and relevant to felt needs.

### **ENQUIRIES**

Singapore International Storytelling Festival 2011 [www.bookcouncil.sg/sisf](http://www.bookcouncil.sg/sisf)

National Book Development Council of Singapore [www.bookcouncil.sg](http://www.bookcouncil.sg)

Telephone: 68488290 / 68488294

### **REGISTRATION**

Registration Forms and Payment Instructions: [www.bookcouncil.sg/sisf](http://www.bookcouncil.sg/sisf) Tel: 68488290

### **ORGANIZED BY**

This special workshop is organized by Kamini Ramachandran [www.moonshadowstories.org](http://www.moonshadowstories.org)